



**FAMILY COUNSELING CENTER, INC.**

*Helping others help themselves...*

# **Performance Outcomes and Annual Report**

## **Fiscal Year 2016**

July 1, 2015 - June 30, 2016

### **Administrative Office**

125 North Market Street

PO Box 759

Golconda, IL 62938

Founded: 06/21/1974

**FAMILY COUNSELING CENTER, INC.**

Performance Outcomes  
and Annual Report  
Fiscal Year 2016  
July 1, 2015 - June 30, 2016

**Table of Contents**

TITLE	PAGE
Our Mission, Funding, and History	3
Message from the Executive Director	4
Board of Directors—FY 16	5
Total Agency Revenue by Source	6
Total Revenue by Division	6
Schedule of Support and Revenue—by Source	7
Clients Served by County of Residence	8
Demographics of Clients Served	9
Client Satisfaction—Behavioral Health	10
Client Satisfaction—Developmental Services	11
Stakeholder Satisfaction	12
Staff Satisfaction	13
Administrative and Financial Division	14
Administrative and Financial Programs	15
Behavioral Health Division	16
Adult Outpatient Services (110) Program	17
Alzheimer’s Screening Program (CADRD)	18
Pre-Admission Screen/Mental Health (PAS/MH) Screening Program	18
Supervised Residential (830) Program	19
Supported Residential (820) Program	20
Projects for Assistance in Transition from Homelessness (PATH) Program	21
Pulaski County Detention Center (PCDC) Program	21
Youth Outpatient Service (120) Programs	23
Screening, Assessment and Support Services (SASS) Program	24
Comprehensive Community-Based Youth Services (CCBYS) Program	25
Homeless Youth (HY) Program	26
Intensive Placement Stabilization (IPS) Program	27
Permanency Innovations Initiative (PII) Program	28
Crisis Intervention Service Program - Adult & Youth (580)	29

TITLE	PAGE
Alcohol and Substance Abuse (ASA) Program	30
Evaluation of FY 16 Behavioral Health Division	31
Developmental Services Division	32
Community Integrated Living Arrangement DD	33
Developmental Training (DT) Program	34
Home-Based Services (HBS) Program	35
Youth Initiative Program (YIP)	36
Evaluation of FY 16 Developmental Services	37
Supportive Living Division	38
Supportive Living Program	39

## Our Mission

At Family Counseling Center, Inc. (FCC), our mission is to improve the quality of life for persons in need of mental health and substance abuse counseling. We also provide child welfare and developmental disability services. Our primary focus is to reduce the severity of mental health symptoms, promote self awareness for those with intellectual disabilities and provide safe, quality housing for our residential clients.

## Our Funding

Family Counseling Center, Inc. is a private, not-for-profit corporation. FCC receives funding from the Illinois Department of Human Services—Division of Mental Health, Division of Alcoholism and Substance Abuse, Division of Developmental Disabilities; Illinois Department of Children and Family Services; United States Department of Housing and Urban Development; Local 553 Property Tax Levy; gifts and client fees.

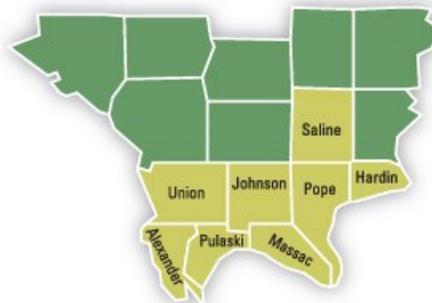
## Our History

Family Counseling Center, Inc. (FCC) opened its doors in June 1974 to provide mental Behavioral Health (BH) out-patient services to residents of Pope County. Although we began by providing services to Pope County, FCC was also given responsibility for additional regions: Pope, Hardin and Johnson counties — primarily due to economics and demographics. In 1976, FCC became incorporated as a Not-for-Profit 501(c)3. In 1989, FCC expanded our program offerings to include Developmental Services (DS) for both residential homes and developmental training. The Supportive Living division opened its doors in April 2008, to provide quality senior living care. In August of 2015, Family Counseling Center, Inc. expanded its behavioral health footprint into Alexander and Pulaski Counties.

Subsequently, FCC has grown to 16 sites: 6 in Johnson County — our largest populated area; 4 sites in Hardin County; 3 sites in Pope County; 2 sites in Alexander County; and 1 site in Pulaski County with services extending beyond those 4 counties to include Massac, Saline and Union.

FCC provides more than 22 different types of services to over 1,891 clients, within 3 separate divisions: Behavioral Health (adult/youth outpatient and crisis intervention services, substance abuse outpatient, 24-7 residential, psychiatric services); Developmental Services (crisis, therapy, 24-7 residential, workshop, school transition and home based); and Supportive Living (Autumn Ridge Supportive Living Facility—46 apartment complex for independent senior living). FCC has been accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) since 1992.

Our 9 member Board of Directors is elected from 5 counties: Hardin, Johnson, Pope, and Alexander/Pulaski Counties.



## Message from the Executive Director

Our fiscal year 2016 can be summed up in just three words - *uncertainly, transformation, and perseverance*. The year began with the State of Illinois neglecting to pass a budget that caused one of our neighboring mental health agencies, Delta Center, Inc., to close its doors. On August 15th, Family Counseling Center, Inc. worked diligently to ensure that as many services, staff, and sites would remain available to the communities within Alexander and Pulaski Counties. Due to the budget impasse, our agency was only able to hire 35% of Delta Center, Inc.'s workforce and only 75% of their clients were able to be transferred. This caused our agency to change our bylaws and add representation on our Board of Directors for Alexander and Pulaski Counties.

As the budget impasse continued, I was granted the opportunity to provide testimony at our capital in front of the House of Representatives and later in front of the Senate Human Services Committee. My testimonies outlined the negative financial impact in which the impasse had already caused to human services throughout Southern Illinois and warned of what the landscape would look like if a budget was not passed quickly. Agency staff headed to Springfield several times throughout the year to join other providers as a collective voice in order to advocate for our services and employees. I personally met with many state legislators throughout the year including Speaker Michael Madigan was able to hand deliver a letter and speak with Governor Bruce Rauner during his stop in Vienna.

This advocacy mined the way for our agency to be recognized for its strengths during this *uncertain* time in our state. We received state coverage by many television and radio stations, such as NPR. Then the Associated Press featured our agency's story across the country in numerous newspapers including the New York Times.

Nearly \$700,000 in signed contract dollars were owed to our agency and with no end to the state budget impasse in sight, our management team and the Board of Directors put together a very proactive plan to combat the dire cash flow situation that was developing. Starting in September with myself, our agency was forced to lay off or reduce hours of 37 employees, decrease services within the behavioral health division, and then later close our youth homeless shelter program in Rosiclare, Mahoney Transitional Living. All benefit earning employees lost 2 holidays, 1 personal day, and their 403B Tax Sheltered Annuity. By the near end of the fiscal year, we moved 2 outpatient offices and 2 residential facilities in order to save dollars and run our operations more efficiently. A huge *transformation* of our agency had taken place in very short period of time, however, no matter the size of the project and duties to be completed—we came together as a team, as a family, and as a support for each other through many uphill battles we faced. Yet with all of these trials, we *persevered*.

Our community continued to be served through extra projects such as the Angel Tree which partnered with our local fire department. We held two very successful Child Abuse Prevention walks in Vienna and Cairo. Athletes and coaches participated in Special Olympics events through out developmental services division. The Autumn Ridge Supportive Living Facility was extremely busy throughout the year with its residents and came in with the highest occupancy numbers since its opening in 2008.

We still made time to show appreciation for our employees and continued our drive to serve those in our community. Our agency highlighted and honored our employees through stress buster events, the employee lottery, and service billing awards. The agency employee satisfaction was at an all time high, with division satisfaction between 88 - 93%. Our scores and outcomes related to state surveys, audits, and agency accreditation were the best we had ever seen.

In FY 2016, we served an additional 651 people which is largely due to our expansion into Alexander and Pulaski Counties. The agency received some of its highest scores within our client and stakeholders satisfaction surveys with “meeting needs” of our clients and community as a resounding theme.

Human service providers, like Family Counseling Center, Inc., play an integral role within our community, state, and nation. Policymakers too often focus on the immediate costs of the programs we provide rather than the long term benefits. Moving into another fiscal year with *uncertainly*, means we must now more than ever evidence how our mission of “helping others help themselves” reach their fullest human potential is a return on public investment. I believe that with the support of our Board of Directors, stakeholders, clients, and dedicated employees we will persevere again and remain a leader of community behavioral health, developmental, and supportive living services within Southern Illinois.

Sherrie L. Crabb  
Executive Director

**FAMILY COUNSELING CENTER, INC.  
BOARD OF DIRECTORS  
FY 2016**

**Officers**



**Norma Turok**  
*President*  
Johnson County



**George Thodoropoulos**  
*Vice President*  
Pope County



**Darlene Hamilton**  
*Secretary/Treasurer*  
Hardin County



**Judith Barnard**  
Hardin County



**Pat German**  
Hardin County



**Pam McCuan**  
Johnson County



**Faye Mize**  
Johnson County



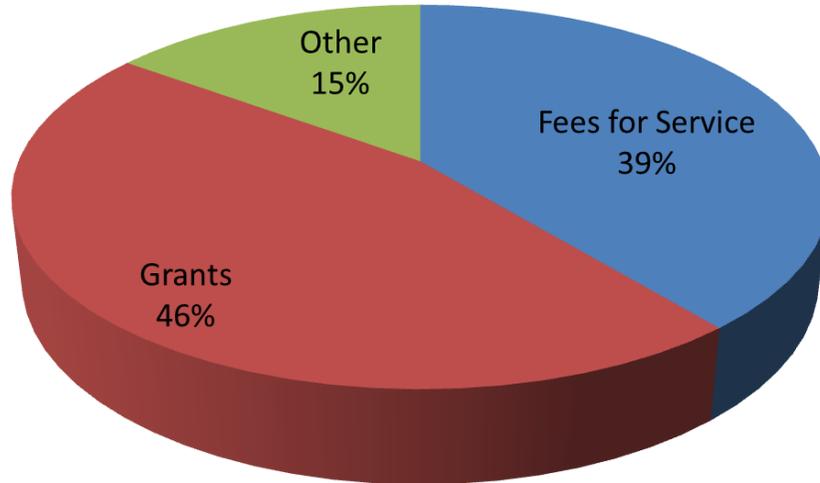
**Nanci Berger**  
Pope County



**Vicki Foulks**  
Alexander/Pulaski Counties

# Total Agency Revenue by Source

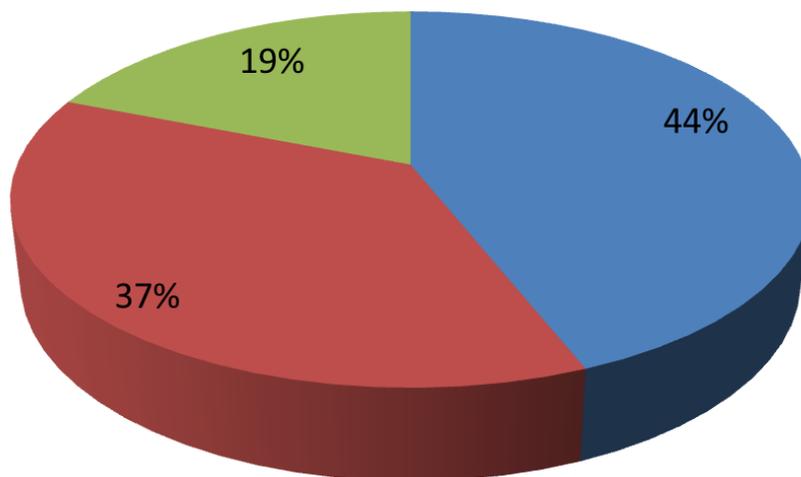
FY 16 Total Agency Revenue by Source



# Total Revenue by Division

FY 16 Total Revenue by Division

■ Behavioral Health   ■ Developmental Services   ■ Supportive Living



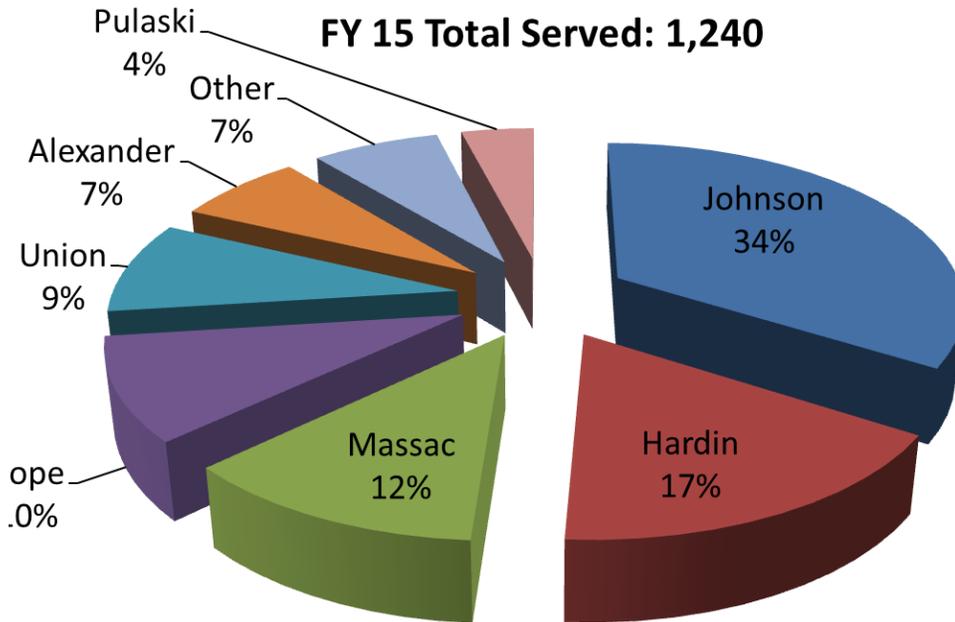
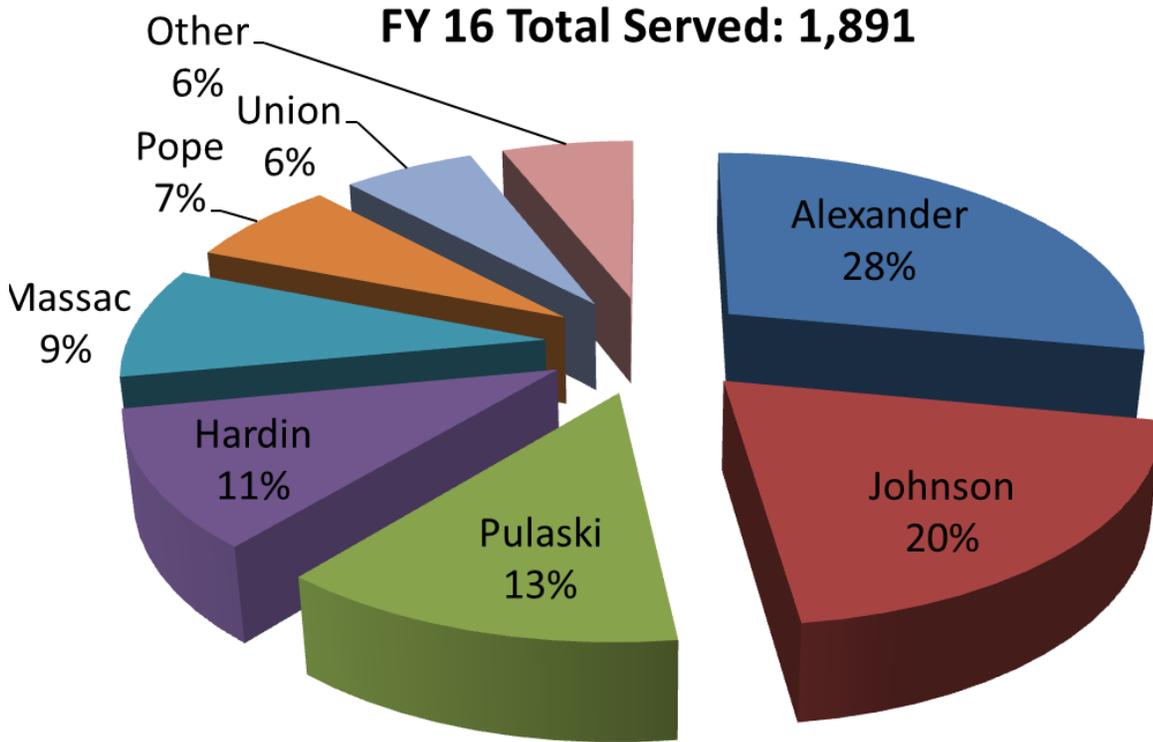
**SCHEDULE OF SUPPORT AND REVENUE - BY SOURCE**

<i>REVENUE</i>	30-June 11	30-June 12	30-June 13	30-June 14	30-June 15	30-June 16
<b><i>FEES FOR SERVICE</i></b>						
DMH MEDICAID	828,303	868,169	983,625	885,891	899,643	1,585,104
SUBSTANCE ABUSE MEDICAID	10,041	2,091	6,320	3,757	0	0
DT MEDICAID	293,338	320,794	282,316	335,906	312,865	125,544
DD FEE FOR SERVICE	85,642	90,415	103,908	86,501	116,145	97,146
DEPT. OF PUBLIC AID	11,573	13,686	14,780	14,202	14,406	16,944
CLIENT/FAMILY PAYMENTS/INS.	31,568	27,999	29,512	23,621	15,896	25,165
HOUSE RENT	167,429	213,148	187,474	195,498	265,902	254,311
DUI/RISK EDUCATION	1,966	900	1,488	931	710	10,416
PCDC/ICE	-	-	-	-	-	2,765
MISCELLANEOUS	3,683	17,567	24,340	22,161	10,208	45,162
<b><i>TOTAL FEES FOR SERVICES</i></b>	<b>1,433,543</b>	<b>1,554,769</b>	<b>1,633,763</b>	<b>1,568,468</b>	<b>1,635,776</b>	<b>2,162,557</b>
<b><i>GRANTS</i></b>						
DMH DD	1,270,750	1,296,138	1,322,146	1,554,674	1,539,929	1,799,208
OHIO RIVER YOUTH SER./CCBYS	43,855	70,847	89,732	99,730	89,730	73,176
SUBSTANCE ABUSE	64,304	64,166	60,871	69,901	67,413	94,737
SASS	196,627	161,301	175,362	199,943	240,648	218,400
SOC/IPS	50,000	50,000	50,000	50,000	50,000	75,080
PII	-	-	-	23,333	35,000	8,750
SAIL	41,677	41,677	41,677	41,677	41,677	41,677
31U	474,332	505,245	522,786	583,217	618,707	581,055
VIOLENT CRIME VICTIMS	14,250	0	0	0	0	0
<b><i>TOTAL GRANTS</i></b>	<b>2,155,795</b>	<b>2,189,374</b>	<b>2,262,574</b>	<b>2,622,247</b>	<b>2,683,104</b>	<b>3,099,371</b>
<b><i>ARSLF</i></b>						
RENT	*	*	746,747	664,127	702,289	710,892
MEDICAID	*	*	530,332	456,330	517,586	462,368
<b><i>TOTAL ARSLF</i></b>	<b>*</b>	<b>*</b>	<b>1,277,079</b>	<b>1,120,457</b>	<b>1,219,875</b>	<b>1,173,260</b>
<b><i>OTHER SOURCES</i></b>						
553 PUBLIC HEALTH TAX	35,748	37,115	38,192	37,354	38,972	52,703
FLOWER BOX/PLANT SALES	8,307	5,577	5,391	4,348	4,430	3,468
FOOD STAMPS/LINK	28,101	29,665	34,230	62,703	43,633	66,477
SALES OF SERVICE & GOODS	43,205	52,401	62,017	33,820	34,821	44,753
MISCELLANEOUS	48,640	8,989	15,327	31,789	30,464	25,766
INTEREST INCOME	1,940	8,036	16,795	6,794	15,725	4,274
<b><i>TOTAL OTHER SOURCES</i></b>	<b>165,941</b>	<b>141,783</b>	<b>171,952</b>	<b>176,808</b>	<b>168,045</b>	<b>294,067</b>
<b><i>GRAND TOTAL AGENCY</i></b>	<b>*3,755,279</b>	<b>*3,885,926</b>	<b>5,345,368</b>	<b>5,488,208</b>	<b>5,706,800</b>	<b>6,729,255</b>

\*excludes Supportive Living Division (ARSLF)

# Clients Served by County of Residence

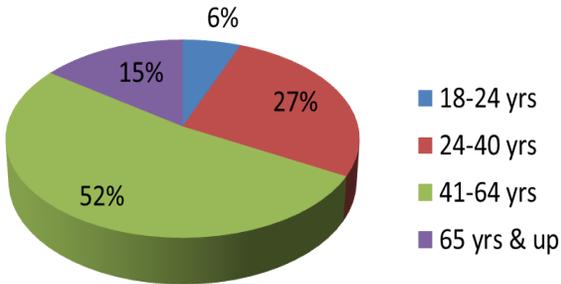
\*excludes Supportive Living Program



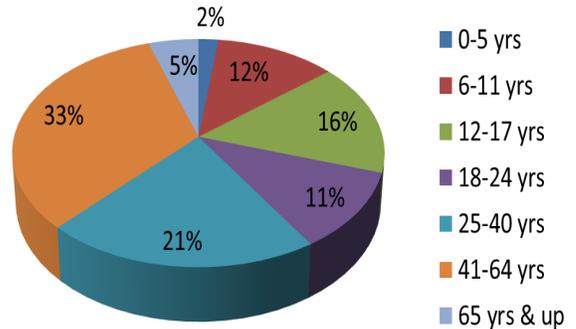
# Demographics of Clients Served

\*excludes Supportive Living Program

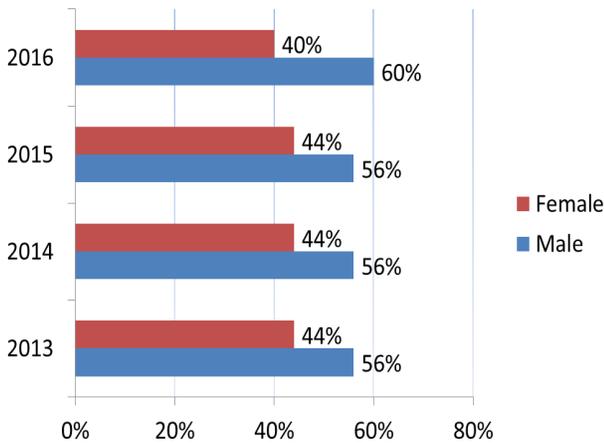
### AGE - Developmental Services



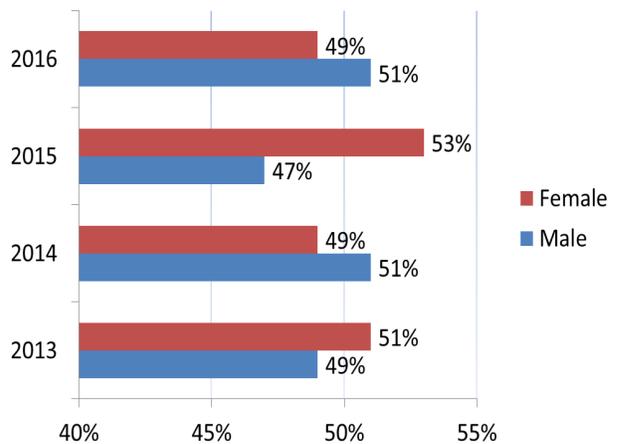
### AGE - Behavioral Health



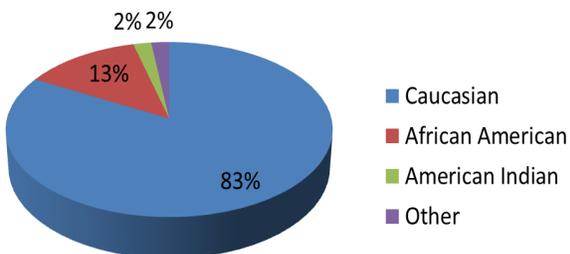
### GENDER—Developmental Services



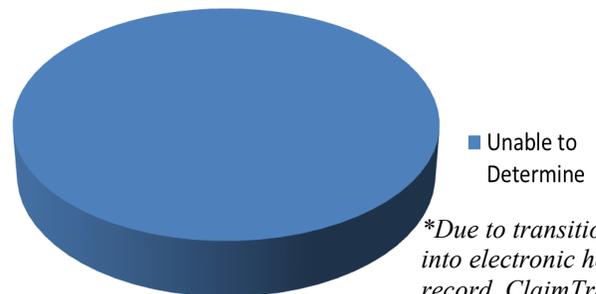
### GENDER—Behavioral Health



### RACE - Developmental Services



### RACE - Behavioral Health



*\*Due to transition into electronic health record, ClaimTrak. Modification set for 1/1/17*

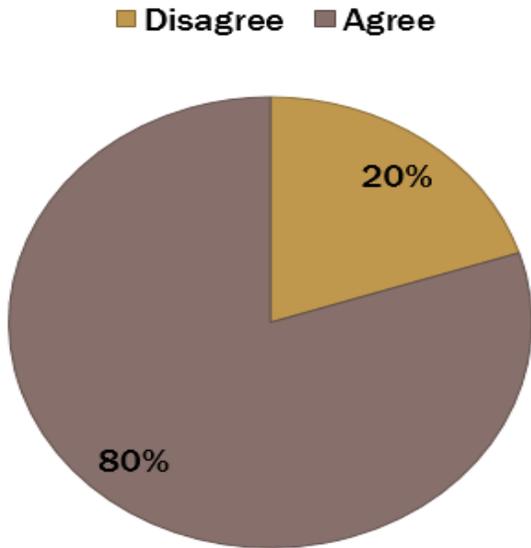




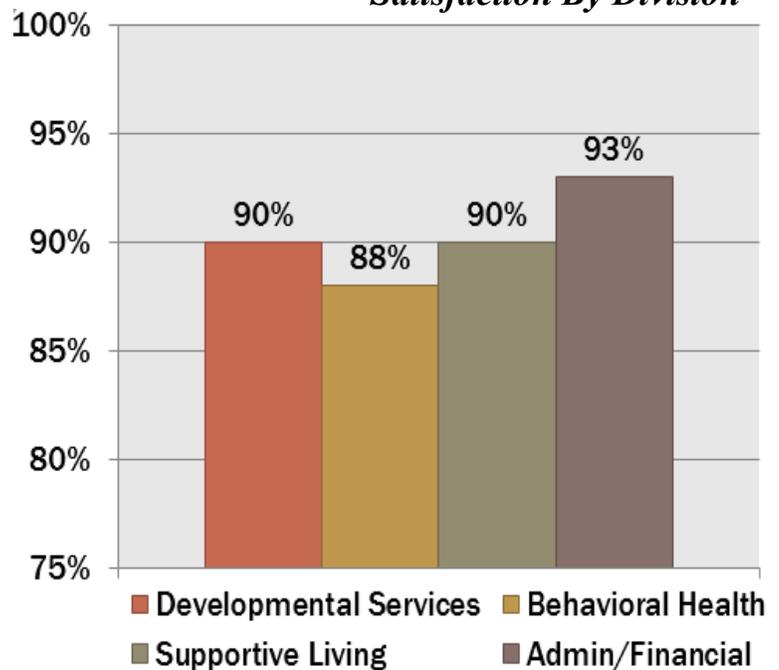


# Staff Satisfaction

## Overall Agency Satisfaction



## Satisfaction By Division



## Developmental Services Ratings

### HIGHEST RATED CATEGORY

**Sense of Shared Mission**

### HIGHEST RATED ITEM

"I am proud of FCC's reputation."

### LOWEST RATED CATEGORY

**Pace of Work**

### LOWEST RATED ITEMS

"My program has enough staff to get the work done in a quality manner."

"I am satisfied with my compensation."

## Behavioral Health Ratings

### HIGHEST RATED CATEGORY

**Supervisor Fairness & Respect**

### HIGHEST RATED ITEM

"My responsibilities related to safety have been clearly communicated with me."

### LOWEST RATED CATEGORY

**Pay & Benefits**

### LOWEST RATED ITEMS

"I am satisfied with my compensation."

"I am compensated fairly."

## Supportive Living Ratings

### HIGHEST RATED CATEGORY

**Safety**

### HIGHEST RATED ITEMS

"My coworkers treat me with respect."

"I find that FCC gives clientele hope."

"I am satisfied with my benefits."

### LOWEST RATED CATEGORY

**Supervisor Staff Development Focus**

### LOWEST RATED ITEM

"My supervisor and I discuss my career opportunities."

## Administrative & Financial Ratings

### HIGHEST RATED CATEGORY

**Supervisor Fairness & Respect  
Sense of Shared Mission  
Job Fit**

### HIGHEST RATED ITEMS

"My supervisor is a role model."

"My opinions are valued by my supervisor."

"I find FCC an exciting place to work."

### LOWEST RATED CATEGORY

**Pace of Work**

### LOWEST RATED ITEMS

"I work in an environment where there is a reasonable workload."

"My program has enough staff to get the work done in a quality manner."

\*15 total items were rated at 100%

\*32 total items were rated at 100%

# Administrative and Financial Division

## Administrative and Financial Division



*December 12, 2015—  
The annual Christmas  
board meeting was held  
at Autumn Ridge  
Supportive Living  
Facility.*

*June 1, 2016—Sherrie L. Crabb,  
Executive Director, speaks with Governor  
Rauner during at stop in Vienna about  
the proposed stopgap funding measure for  
FY 16. Laura Gierich, Administrative  
& HR Coordinator, was also in  
attendance to support Director Crabb and  
the agency.*



## Administrative and Financial Programs

**DESCRIPTION:** The Administrative Program is divided into five areas, Administrative/Management staff; Financial staff; Clerical staff; Maintenance staff; and Professional Consulting staff. Together, these individuals perform the functions necessary to administer the programs and enable the direct service staff to provide outstanding care to our service recipients.

**SERVICES PERFORMED:** Administrative/Management staff oversees the provision of various programs and services available to clients and consumers; develops and ensures compliance with agency policies and procedures in accordance with guidelines established by the various funding sources; maintains personnel records in accordance with funding source requirements.

Financial staff performs the accounting required to: maintain service contracts; prepare the agency allocation plan and program budgets; monitor compliance with grant requirements; perform client, Medicaid and insurance billings; prepare fee-for-service billings to funding sources; maintain client data base; accumulate, transmit and report service data; compile statistical reporting of direct service staff/program hours; prepare and report DHS and DASA Medicaid billing and grant hours; prepare clients and staff payroll; manage agency disbursements; prepare agency tax reports; and produce internal and external financial reports.

Clerical staff perform clerical functions necessary to fulfill: receptionist duties at the two of the three outpatient offices; typing, word processing and routing of letters, memos, policies and procedures; serving as the initial entry point for referrals; maintaining agency policy & procedure manuals; filing and managing client records; ensuring client files meet funding source requirements; and ordering and distributing agency supplies.

The Maintenance staff is responsible for preventative maintenance as well as the upkeep of agency vehicles, building and equipment.

The Professional Consulting staff ensures the provision of psychiatric and computer programming, network technology and data management services to ensure effective and efficient agency operation.

In accordance with the agency allocation plan, the Clinical Programs fund the Administrative Programs.

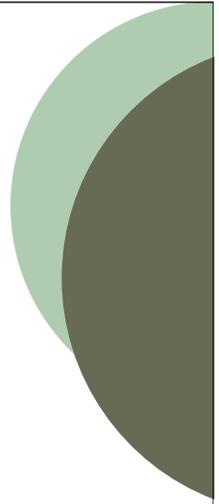
### FY 2016 FTE Staff:

Administrative/Management: 6  
Financial: 4  
Clerical: 4.5  
Maintenance: 1  
Professional Consulting: 3



*September 24, 2015—Executive Director, Sherrie L. Crabb, testified in Springfield in front of the House of Representatives. Her powerful testimony outlined the negative financial impact the current budget impasse has caused and what the result will be within our communities if vital mental health services continues to not be funded by the state. She expressed deep concern for the individuals who are seeking help and receiving these lifesaving services that Family Counseling Center, Inc. and surrounding community mental health agencies provide.*

# **Behavioral Health Division**



## **ADULT PROGRAMS**

**Adult Outpatient Services (110) Program**

**Alzheimer's Screening Program (CADRD)**

**Pre-Admission Screen/Mental Health (PAS/MH) Screening Program**

**Supervised Residential (830) Program**

**Supported Residential (820) Program**

**Projects for Assistance in Transition from Homelessness (PATH)  
Program**

**Pulaski County Detention Center (PCDC) Program**

## **YOUTH PROGRAMS**

**Youth Outpatient Services (120) Program**

**Screening, Assessment and Support Services (SASS) Program**

**Comprehensive Community-Based Youth Services (CCBYS)  
Program**

**Homeless Youth (HY) Program**

**Intensive Placement Stabilization (IPS) Program**

**Permanency Innovations Initiative (PII) Program**

## **YOUTH AND ADULT PROGRAMS**

**Crisis Intervention Service—Adult & Youth (580) Program**

**Alcohol and Substance Abuse (ASA) Program**

## Adult Outpatient Services (110) Program

**DESCRIPTION:** This program provides services to adults age 18 years or older who will benefit from individual, group, marital, or family counseling and/or are in need of on-going case management and monitoring of symptoms and medications. Clients live primarily in Johnson, Pope and Hardin counties.

**PURPOSE/MISSION:** To facilitate an improvement in the psychological functioning level of clients through the administration of verbal therapies, case management, medication and symptom monitoring for the long term needs of the client's diagnostic requirements.

**ADMISSION CRITERIA:** Client has: 1) a diagnosable mental health problem in Axis I or II (as derived from the Diagnostic Statistical Manual IV-R), excluding a learning disability; 2) capability of responding to verbal therapy; 3) a current GAF score less than 70; 4) a need for continuing monitoring of symptoms and medications.

**SERVICES OFFERED:** 1) assessment; 2) crisis intervention; 3) case management; 4) individual, family or group therapy and/or counseling; 5) medication monitoring; 6) medication education; 7) advocacy; 8) consultation; 9) referral; 10) outreach; 11) skills training; 12) psychosocial rehabilitation services; 13) community integration; 14) linkage/referral; 15) support services; 16) education; 17) follow-up.

Services are provided primarily to residents of Pope, Johnson and Hardin counties which are viewed as priority populations. However, referrals are accepted for residents of other counties. Services are provided in a variety of settings, i.e., clinical sites, hospitals, shelter care nursing facilities, client's homes, law enforcement offices or courts and other community locations.

*August 15, 2015—Family Counseling Center, Inc. takes on 35% of Delta Center, Inc.'s workforce and 75% of their clientele due to the closure of the center serving Alexander and Pulaski Counties.*

### FY 16 Staffing, Clients Served, and Income

FTE STAFF: 13.8

UNDUPLICATED CLIENTS: 636

Medicaid:	\$789,487
Fee for Service:	\$ 31,433
Other:	\$ 30,305

**TOTAL: \$851,225**



**Family Counseling Center accepts 300 Delta patients**

Help is on the way for nearly 300 people who were left without mental health care when the Delta Center announced they were closing.

[HTTP://BIT.LY](http://bit.ly) | BY HOLDEN KURWICKI

*January 27, 2016*

*Family Counseling Center, Inc. arrived at the capital building in Springfield today and rallied with other Responsible Budget Coalition members. Staff met with Senator Gary Forby and was able to watch Governor Rauner's State of the State budget address in the nearby Supreme Court room. As Governor Rauner finished his address, staff met him as he came back to his office on the second floor.*



### **Alzheimer's Screening Program (CADRD)**

**DESCRIPTION:** A program funded by the Southern Illinois University School of Medicine, Research Assessment Services and Outreach Educational Services and Training for the Center for Alzheimer's Disease and Related Disorders Program.

**PURPOSE/MISSION:** The hope is that, with early diagnosis and treatment, a person with Alzheimer's disease may remain an active part of their family for a longer period of time by slowing the progression of the disease.

**ADMISSION CRITERIA:** After receiving the referral for the screening, an appointment is scheduled as soon as possible. After the initial screening, much of the time frame depends on the other individuals involved in the process (doctors, family members, etc.)

**SERVICES OFFERED:** 1) initial screening for Alzheimer's disease; 2) referral for medical/diagnostic testing; 3) referral for case management/social services; 4) patient/family/community education about Alzheimer's disease; 5) consultation with personal physician and family; 6) follow-up rescreening assessments.

#### **FY 16 Staffing, Clients Served, and Income**

FTE STAFF: 0

UNDUPLICATED CLIENTS: 0

Grant: \$ 55

TOTAL: \$ 55

#### **Pre-Admission Screen/Mental Health (PAS/MH) Screening Program**

**DESCRIPTION:** A program funded by the Illinois Department of Human Services, Division of Mental Health. PAS/MH is a comprehensive mental health assessment which includes presenting problem, reason for referral, pertinent social history information, history and response to treatment, mental status, diagnostic evaluation of role functioning impairment, assessment of substance abuse disorder, a review of the individual's history of maladaptive behaviors and necessary outcome determinations and dispositions.

**PURPOSE/MISSION:** The 1987 Omnibus Budget Reconciliation Act (OBRA'87) requires that individuals with severe mental illness who apply for admission to a Medicaid certified nursing facility are required to receive a pre-admission screening (PAS). Nursing homes are prohibited from admitting any individual with a severe mental illness unless the PAS/MH process has determined that the individual requires a nursing facility level of care and that the individual does not require specialized services (in-patient psychiatric care).

**SERVICES OFFERED:** 1) Level 1 PAS Screenings for all applicants prior to admission to a nursing facility, if they are suspected of having a serious mental illness or developmental disabilities; 2) Level II PAS Screenings for individuals meeting criteria for a suspected severe mental illness through the Level I screen.

#### **FY 16 Staffing and Income**

Grant: \$ 1,280

TOTAL: \$ 1,280

## Supervised Residential (830) Program

**DESCRIPTION:** This program provides services and support necessary to assist clients to achieve and maintain rehabilitative, resiliency and recovery goals.

**PURPOSE/MISSION:** To enhance community reintegration through acquisition and/or recovery of critical independent living skills and social roles; to increase adaptive functioning level within current residential setting; to develop potential to live successfully in a less restrictive setting; to prevent or minimize the impact of any relapse of psychiatric symptoms; and to provide an alternative to more restrictive residential and inpatient settings.

**ADMISSION CRITERIA:** Client must be an individual whose mental health requires active assistance and support to function independently as developmentally appropriate within home, community, work or school settings and who are in public payer designated residential settings.

**SERVICES OFFERED:** CSR services consist of therapeutic interventions that facilitate illness management, skill building, identification and use of natural supports and community resources.

**TARGET POPULATION:** Those persons living in Heritage House and Legacy House are the priority population served. Services are provided in the community, group home, office, psychiatric hospitals, and consumer's home. The priority environment is in the consumer's natural setting.

### FY 16 Staffing, Clients Served, and Income

FTE STAFF: 10.4

UNDUPLICATED CLIENTS: 19

Medicaid:	\$456,074
Grant:	\$338,124
Rent:	\$ 76,001
Other:	\$ 9,413
<b>TOTAL:</b>	<b>\$879,612</b>



*May 18, 2016—Family Counseling Center, Inc. staff and clients from PSR and 830 programming participated in the National VA2K walk in Marion to show support and appreciation for our local Veterans and the sacrifices they have made for us and our country.*



*In 2015, an Employee Lottery was started to recognize those staff who go above and beyond within their divisions. Employees are nominated by their fellow peers and 1 employee is drawn monthly per division. Winners receive gift cards for a job well done.*

## Supported Residential (820) Program

**DESCRIPTION:** This program provides necessary and intensive in-home or in-community support services to adults with mental illness to enhance individuals quality of life while maintaining independence.

**PURPOSE/MISSION:** The purpose of this program is to assist individuals who struggle with mental illness through intense support service in order to maintain community integration and independent living in the least restrictive setting possible.

**ADMISSION CRITERIA:** Clients must be an adult with an identified mental illness and must be registered and approved by the Department of Mental Health, Region 5 to enroll.

**SERVICES OFFERED:** Support services such as assistance with Activities of Daily Living (ADL's), nutrition, housekeeping and other independent living skills, transportation, coordination with primary care or for other medical needs, and representative payee services.

**TARGET POPULATION:** Adults with severe mental illness or with a mental illness that impacts a fundamental life area that needs support to maintain independent living or placement in the community.

### FY 16 Staffing, Clients Served, and Income

FTE STAFF: 1.37

UNDUPLICATED CLIENTS:

Grant:	\$78,673
Other:	\$ 61
<b>TOTAL:</b>	<b>\$78,734</b>



*December 18, 2015—Family Counseling Center, Inc. - Delta Connections Resale Shop & Greenhouse, located in Cairo, sold poinsettias for the holidays.*

*March 8, 2016—Family Counseling Center, Inc.'s employees are Out of This World for Spring Staff Appreciation Day ACO and Resale Shop/Greenhouse Staff*



## Projects for Assistance in Transition from Homelessness (PATH) Program

**DESCRIPTION:** The PATH program provides support and assistance to individuals experiencing or at risk of experiencing homelessness to obtain housing or achieve residential stability.

**PURPOSE/MISSION:** Through the provision of mental health linkage, community-based outreach, and case management services, PATH seeks to obtain or enhance individuals residential stability.

**ADMISSION CRITERIA:** Consumers must have a serious mental illness or co-occurring mental illness and substance abuse condition and must be experiencing homelessness or in danger of becoming homeless.

**SERVICES OFFERED:** Services offered to individuals enrolled in the PATH program include, outreach, screening and diagnostic services, habilitation and rehabilitation, community mental health, alcohol and drug treatment, case management, housing assistance, access to needed goods, and job training.

**TARGET POPULATION:** Adults with mental illness/co-occurring substance abuse who are homeless or at risk of becoming homeless. The program serves individuals in Alexander, Pulaski, Massac, and Union Counties.

### FY 16 Staffing, Clients Served, and Income

FTE STAFF: 2.17

UNDUPLICATED CLIENTS: 25

Medicaid:	\$2,720
Grant:	\$94,737
Donations	\$43,848
Other:	\$2,448
<b>TOTAL:</b>	<b>\$143,753</b>

*June 28, 2016—The first ever Southern Illinois Human Services Symposium was a success (35 different providers / nearly 100 registrants) largely in part to those human service providers that took time out of their day to attend our event. Providers displayed willingness to engage in thinking of new ways to send a unified message to lawmakers, funders, and our community about why our services are vital to Illinois!*

*We were fortunate to have Jennifer Butler - Deputy Director Governor's Office of Management and Budget and Khari Hunt - Chief Operating Officer of the Department of Human Services.*

*Our rock star presenter was Judith Gethner - Executive Director of Illinois Partners for Human Service who traveled from Chicago to help each of us re-frame our message about why human services matter!*

*A special thank you to our legislators that were in attendance - Representative Terri Bryant, Senator Gary Forby, and Representative Brandon Phelps who was our keynote speaker.*



### Human service providers rally against Illinois budget impasse

With just two days to go until the state enters its second year without a budget, human service providers in southern Illinois are fighting for survival.

WPSDLOCAL6.COM | BY RACHAEL KRAUSE

## Pulaski County Detention Center (PCDC) Program

**DESCRIPTION:** This program provides 24/7 crisis assessment and psychiatric follow up, when needed, to individuals housed within Pulaski County Detention Center.

**PURPOSE/MISSION:** The purpose/mission of this program is to assist PCDC staff with making safety determinations, including the use of suicide watch, through the provision of a comprehensive crisis screening.

**ADMISSION CRITERIA:** Individual must be housed within PCDC and has made suicidal or homicidal threats or exhibited such behavior that PCDC staff are concerned about the individual's safety and the safety of those around them.

**SERVICES OFFERED:** Services offered include crisis screening and assessment and psychiatric evaluation/monitoring.

**TARGET POPULATION:** Adults housed at PCDC.

### FY 16 Staffing, Clients Served, and Income

#### FTE STAFF:

UNDUPLICATED CLIENTS: 17

PCDC \$ 571

ICE \$2,194

TOTAL: \$2,765

*June 29, 2016—Family Counseling Center, Inc. provided mental health screenings, popcorn, and presented on suicide prevention at the Alexander and Pulaski County Action Committee's Health and Resource Fair in Cairo.*

*April 28, 2016—Family Counseling Center, Inc. hosted its 1st annual Child Abuse Prevention Walk in Cairo. We joined forces with Cairo City Police, DCFS, Lutheran Social Services, and the Child Advocacy Center to host one of the largest walks in Southern Illinois for Child Abuse Prevention Awareness month! Senator Gary Forby and Cairo City Mayor Tyrone Coleman spoke to the large crowd in attendance. Participants were escorted by Cairo City Police, Cairo Fire Department, and Alexander County Ambulance Service. A special thank you to the students and teachers from Emerson Elementary School for making this day so inspiring!*



## Youth Outpatient Services (120) Program

**DESCRIPTION:** School-aged youth who may benefit within a reasonable period of time from individual, group or family counseling may avail themselves to the variety of services offered under this program. Clients live primarily in Johnson, Pope and Hardin counties.

**PURPOSE/MISSION:** To facilitate an improvement in the psychological functioning level of clients through the administration of verbal therapies.

**ADMISSION CRITERIA:** Client has: 1) a diagnosable mental health problem (as derived from the Diagnostic Statistical Manual IV; 2) capability of responding to verbal therapy within a definable length of time; 3) a current GAF score less than 70.

**SERVICES OFFERED:** 1) assessment; 2) crisis intervention; 3) case management; 4) individual, family or group counseling; 5) medication monitoring; 6) medication education; 7) advocacy; 8) consultation; 9) referral; 10) outreach; 11) skills training; 12) follow up.

Services are provided primarily to residents of Pope, Johnson and Hardin counties which are viewed as priority populations. However, referrals are accepted from residents of other counties. Services are provided in a variety of settings, i.e., clinical sites, schools, hospitals, client's homes and other community locations.

### FY 16 Staffing, Clients Served, and Income

FTE STAFF: 5.43

UNDUPLICATED CLIENTS: 368

Medicaid:	\$284,048
Grant:	\$ 20,684
Other:	\$ 3,162
Client Fees:	\$ 4,913
Fundraisers:	\$ 11,684
<b>TOTAL:</b>	<b>\$324,491</b>



*April 27, 2016—Family Counseling Center, Inc. held its 2nd annual Child Abuse Prevention Awareness Walk at Autumn Ridge Supportive Living Facility. A special thank you to Representative Brandon Phelps, Senator Gary Forby, Johnson County States Attorney Tandra Cain, Mayor of Vienna Jon Simmons, Lutheran Social Services, Vienna Fire Department, Vienna Chief of Police Jim Miller, and Goreville Chief of Police Eddie Holland.*

## Screening, Assessment and Support Services (SASS) Program

**DESCRIPTION:** DMH SASS provides crisis intervention and stabilizes individuals under 21 years of age who are experiencing severe emotional and/or behavioral problems and have Medicaid funding. It provides an initial assessment at the child's location and will determine if hospitalization is necessary. It will arrange for hospitalization and provide monitoring during the stay. Post-hospitalization and deflection services will also be provided up to 90 days.

**PURPOSE/MISSION:** To provide screening and assessment services, and provide or arrange support services to youth who are at risk of psychiatric hospitalization, who are psychiatrically hospitalized, or who are being discharged from psychiatric hospitalization.

**ADMISSION CRITERIA:** Client is: 1) age 20 and under; 2) at risk of being psychiatrically hospitalized due to severe emotional and/or behavioral problems; 3) hospitalized for psychiatric reasons; 4) being or has been recently discharged from psychiatric hospitalization; and 5) CARES approved.

**SERVICES OFFERED:** 1) initial screening; 2) assessment; 3) crisis intervention; 4) case management; 5) counseling; 6) advocacy; 7) referral; 8) consultation; 9) hospital monitoring; 10) follow-up.

Services are provided in Pope, Johnson, Hardin, Massac, Union, Pulaski and Alexander counties.

### FY 16 Staffing, Clients Served, and Income

FTE STAFF: 4.91

UNDUPLICATED CLIENTS: 172

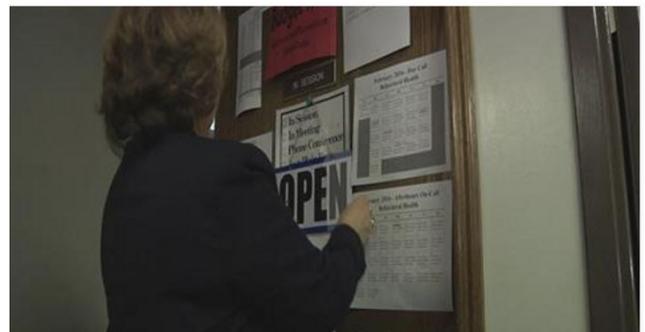
SASS Medicaid: \$218,400

Other: \$ 4,365

TOTAL: \$222,765



*June 1, 2016— Family Counseling Center, Inc. was in attendance as Governor Rauner visited the Vienna Correctional Center to discuss the state budget and his proposed stopgap funding measures. While this emergency funding legislation is only a temporary solution, we are committed to continuing our efforts to urge lawmakers to find a permanent state budget solution. #BudgetNow*



**Nonprofit speaks out following Illinois governor's budget address**

"The time to act is now." Those strong words came Wednesday from Gov. Bruce Rauner as he called on lawmakers to come together and find a solution to the...

WWW.WPSDLOCAL6.COM | BY RACHAEL KRAUSE

*February 17, 2016—Executive Director, Sherrie L. Crabb, spoke with WPSD-TV 6 about Governor Rauner's budget address. Marsha Hayes, FRD, was interviewed about how the services in the area had been affected by the impasse.*

## Comprehensive Community-Based Youth Services (CCBYS) Program

**DESCRIPTION:** A child welfare/juvenile justice system diversion program that offers temporary living arrangements, referral to other appropriate service organizations, counseling, advocacy, and recreational opportunities to preserve families.

**PURPOSE/MISSION:** To provide a network of services to divert youth from the child welfare and juvenile justice systems; to preserve and unify families of youth admitted, and to promote social and psychological adjustment.

**ADMISSION CRITERIA:** Client must be: 1) 10-17 years of age; 2) a member of one of the following service populations: a) youth taken into limited custody, b) youth demonstrating MRAI-type behavior, c) multi-problem youth referred by the Governor's Youth Service Initiative, d) youth who are wards of DCFS demonstrating MRAI-type behavior for who family reunification is the permanency goal, e) lockouts, f) homeless minors, g) youth who are at risk of requiring short term intervention, h) youth who are at risk of needing care in a foster home, i) youth who are needing intervention to alleviate excessive truancy. Youth must score moderate-high on the YASI.

**SERVICES OFFERED:** 1) assessment; 2) crisis intervention; 3) case management; 4) temporary shelter; 5) temporary foster care; 6) foster placement monitoring; 7) counseling; 8) advocacy; 9) referral; 10) consultation; 11) liaison with other agencies; 12) employment and education assistance; 12) access to substance abuse services; 14) social skills training; 15) recreation; 16) follow-up.

Services are provided to youth in the Pope, Johnson, Hardin, and Union county areas.

### FY 16 Staffing, Clients Served, and Income

FTE STAFF: 2.16

UNDUPLICATED CLIENTS: 58

Grant: \$73,176

Other: \$ 1,203

TOTAL: \$74,379



*October 16, 2015—State Representative Brandon Phelps and State Senator Gary Forby toured our facility in Vienna and took time to speak to our clients, stakeholders, and employees about the budget impasse and how it is affecting our agency and the community. Representative Phelps and Senator Forby encouraged those who were concerned about the budget impasse to write, call and email the Governor's office and House and Senate leaders.*

## Homeless Youth (HY) Program

**DESCRIPTION:** A homeless youth program that offers emergency and transitional housing and outreach services to youth who are homeless or at risk of becoming homeless.

**PURPOSE/MISSION:** To provide services to individual homeless you designed to increase their safety, well-being, and self-sufficiency through meeting the immediate survival needs of youth and assist them in transitioning to independent living.

**ADMISSION CRITERIA:** Client must be: 1) 14-24 years of age; 2) currently without permanent housing or in danger of losing permanent housing, 3) not a ward of the state of Illinois.

**SERVICES OFFERED:** 1) emergency housing; 2) access to needed goods; 3) comprehensive assessment; 4) individualized case management; 4) individual counseling; 5) permanent housing; 6) educational services; 7) life skills/independent living skills; 8) employment/vocational training; 9) social skills training; 10) prevention services; 11) transportation services; 12) benefit services: SSI, SSDI, WIC, TANF, etc; 13) services to specialized youth populations: pregnant or parenting, including fathers, LGBTQ, delinquent; 14) referral and linkage.

Services are provided to youth in the Alexander, Hardin, Johnson, Massac, Pope, Pulaski, and Union county areas.

### FY 16 Staffing, Clients Served, and Income

FTE STAFF: 4.1

UNDUPLICATED CLIENTS: 12

Grant: \$85,779

Other: \$ 600

TOTAL: \$86,379

*February 22, 2016—Family Counseling Center, Inc. was forced to temporarily close its shelter, Mahoney Transitional Living, in Rosiclare due to the state budget impasse. "Just more than a year after a social service agency opened up a place in Hardin County for homeless youth to call home, Family Counseling Center, Inc. announced that it had to be shut down because of the budget stalemate."*



Budget stalemate forces closure of homeless youth shelter in Rosiclare

THESOUTHERN.COM | BY MOLLY PARKER



Homeless shelter for children closes its doors

In Illinois, public schools reported more than 59,000 homeless children in the 2013-2014 school year, and nearly half of them are out on their own. Those kids now have one less safe place to stay...

WPSDLOCAL6.COM | BY RACHAEL KRAUSE

## Intensive Placement Stabilization (IPS) Program

**DESCRIPTION:** Intensive Placement Stabilization services to DCFS wards is a cluster of services that target placement stabilization and/or movement to a less restrictive environment. The services are community based, family centered, and home based whenever possible.

**PURPOSE/MISSION:** To provide placement stabilization services to DCFS wards who are at risk of an unplanned move to another foster home or to a more intensive level of care.

**ADMISSION CRITERIA:** Client must : 1) be a child 0-21 years of age; 2) have an I.Q. of 65 or greater; 3) be a DCFS ward placed in foster care, or DCFS ward in residential care who is being discharged from a residential setting and preparing to be placed in a foster home; 4) be at risk of more restrictive level of placement due to emotional and/or behavioral problems; 5) be returning from psychiatric hospitalization; 6) be returning from residential placement; 7) be a DCFS youth currently living in a self selected placement.

**SERVICES OFFERED:** 1) assessment; 2) crisis intervention; 3) child-family team facilitation; 4) individualized care plan; 5) counseling; 6) advocacy; 7) referral; 8) consultation; 9) social/recreation skills training in community settings; 10) follow-up.

Referrals are accepted from any DCFS or private agency that has a DCFS ward needing IPS services and residing in one of the southern seven (7) counties of Pope, Hardin, Johnson, Massac, Union, Alexander or Pulaski.

### FY 16 Staffing, Clients Served, and Income

FTE STAFF: 1.17

UNDUPLICATED CLIENTS: 21

Grant:	\$75,080
Other:	\$ 627
<b>TOTAL:</b>	<b>\$75,707</b>



Poshard Foundation gives \$100,000 in grants to 12 southern Illinois service agencies

Nonprofits in southern Illinois are getting an early gift this holiday season in the form of a grant. They're not receiving state funding right now because of the budget...

WPSDLOCAL6.COM | BY RACHAEL KRAUSE

*December 2, 2015—The Poshard Foundation selected Family Counseling Center, Inc. as a recipient of one their counseling grant awards for 2015. As a result of their generosity, Family Counseling Center, Inc. was able to reinstate several staff whose hours were reduced due to the Illinois budget crisis back to full time status. FCC, Inc. attended the grant award press conference today at John A. Logan College to express our thanks and pride in the ability to partner with The Poshard Foundation to bring quality services and trained professionals to the Southern Illinois area.*

## Permanency Innovations Initiative (PII) Program

**DESCRIPTION:** Permanency Innovations Initiative is a multi-site federal demonstration project designed to reduce the length of stay in DCFS care by improving permanency outcomes for foster children with the most serious barriers to permanency.

**PURPOSE/MISSION:** To provide Trauma Affect Regulation—Guide for Education and Therapy (TARGET) to clients served in hopes of teaching stress triggers in order to regulate feelings and emotions. TARGET is an evidenced-based practice that addresses trauma symptomology and stress responses.

**ADMISSION CRITERIA:** Client must : 1) be a child 11—16 years of age; 2) in traditional, relative, and/or specialized foster care; 3) reaching their 2 year anniversary of entering care; 4) experiencing mental health symptoms or 2+ placement changes.

**SERVICES OFFERED:** TARGET therapy

Referrals are accepted from DCFS only.

### FY 16 Staffing, Clients Served, and Income

FTE STAFF: .3

UNDUPLICATED CLIENTS: 0

Grant: \$8,750

TOTAL: \$8,750

*December 26, 2015—Another successful year for the Angel Tree program is in the books for Family Counseling Center, Inc.! We were able to provide Christmas for 172 children that reside throughout the Southern 7 counties of Illinois this year.*

*This mission could not have been possible without help from the Fowler Bonan Foundation (who provided clothing for 25 children), The Poshard Foundation (who provided donated toys), Family Dollar Store of Vienna (who collected donated toys), Dale Russell and the Vienna Fire Department (Dale handmade a fire truck for the Angel Tree program, collected monetary donations and donated toys).*

*A special thank you to the following Vienna businesses that allowed the fire truck that was sponsored by the Vienna Fire Department to be set up for collections of cash, coats, and toys: Banterra Bank, Legence Bank, Sam's IGA, Wildfires Restaurant, and the River to River Credit Union. Harper Ford and Southern Trust Bank of Vienna hosted an Angel Tree with children's names.*

*More than \$2,600 was collected in monetary donations from the fire truck, community members, local businesses, and churches.*

*We are so proud of our Angel Tree Program and hope to continue serving children in need for years to come!*



## Crisis Intervention Service Program – Adult & Youth (580)

**DESCRIPTION:** Crisis services are provided to anyone who accesses the agency's crisis line. Services are provided 24 hours per day, 365 days per year. For adult consumers, the primary service area is Pope, Johnson and Hardin counties. For youth consumers, services are provided to the southern 7 counties of Pope, Johnson, Hardin, Massac, Union, Pulaski and Alexander.

**PURPOSE/MISSION:** To provide short term, brief therapy to stabilize situations the consumer views as being a crisis. The services are provided either by telephone intervention or, as necessary, through face-to-face evaluation.

**ADMISSION CRITERIA:** Experiencing a mental health crisis.

**SERVICES OFFERED:** 1) assessment; 2) brief therapy; 3) hospital pre-screening; 4) referral for needed services; 5) case management; 6) stabilization of current situation.

### FY 16 Staffing, Clients Served, and Income

FTE STAFF: 0

UNDUPLICATED CLIENTS: 113

Medicaid: \$ 52,775

Grant: \$ 55,273

TOTAL: \$108,048



*April 6, 2016—Family Counseling Center, Inc. participated in Community Behavioral Healthcare Association's Forum and Advocacy Day in Springfield. Sherrie L. Crabb, Executive Director, and Shay Farner Swan, Behavioral Health Clinical Director, met with State Representative Brandon W. Phelps and State Representative John Bradley at the capital.*



**KFVS : Budget impasse testimonies presented to IL lawmakers**

<p>CARBONDALE, IL (KFVS) - For many health and social service agencies across southern Illinois, it's been a tough year.</p><p>Many believe that's due to the now...

M.KFVS12.COM

*November 9, 2015—Executive Director, Sherrie L. Crabb, gave testimony in front of the Senate Human Services Committee in regards to the state budget impasse. She emphasized that compromise and revenue solutions were essential if human services are to be saved from further cuts and reductions, especially in Southern Illinois which has disproportionate number of barriers compared to the rest of the state.*

## Alcohol and Substance Abuse (ASA) Program

**DESCRIPTION:** Services are provided to individuals who are experiencing problems with alcohol and/or drugs or affected by a significant other's alcohol or drug use. These individuals may benefit by a combination of education, individual, group or family therapy.

**PURPOSE/MISSION:** To facilitate lifestyle changes which are alternatives to abusive alcohol or drug use. To facilitate improvement in the individual's ability to function in his/her current environment when significant other is continuing to use alcohol or drugs abusively.

**ADMISSION CRITERIA:** Client must: 1) not be intoxicated or incapacitated due to affects of drugs; 2) be capable of attaining abstinence; 3) be capable of self care; 4) be experiencing impairment in some life area due to their substance use or significant other's substance use; 5) not require immediate acute medical or psychiatric care; 6) be able to respond to verbal therapy; 7) need continued care following discharge from residential setting.

**SERVICES OFFERED:** 1) assessment; 2) crisis intervention; 3) case management; 4) individual and group counseling; 5) education; 6) psychiatric evaluation; 7) psychological testing; 8) linkage to AA, NA and AL-ANON; 9) vocational counseling; 10) aftercare.

Services are offered in Johnson, Pope, and Alexander County outpatient offices.

### FY 16 Staffing, Clients Served, and Income

FTE STAFF: 2.92

UNDUPLICATED CLIENTS: 189

Grant:	\$107,288
Fee for Service:	\$ 12,751
Other:	\$ 3,533
<b>TOTAL:</b>	<b>\$123,572</b>



*March 8, 2016  
Family Counseling Center, Inc.'s employees are Out of this World for Spring Staff Appreciation Day!*

## Evaluation of FY 16 Behavioral Health Division Outcomes

<b>EFFECTIVENESS TARGETS</b>			
<b>GOAL</b>	<b>TARGET</b>	<b>ACTUAL</b>	<b>OUTCOME MET</b>
1) Decrease documented no-show rate	2% reduction	2.06% no show rate*	Unknown*
2) Increase achievement of treatment plan objectives for CSR residents	13 objectives met	12 objectives met *	
3) Increase amount of youth in the IPS program who are able to maintain foster placements.	80% of youth maintain foster placement	85%	
<p>*1) Unable to present actual data in relation to identified target due to difference in gathering no-show rates via EHR; info reliant on no-show notes entered into system and could lead to skewed results</p> <p>*2) Data could be skewed due to adoption of new EHR; treatment plan objectives established prior to EHR transition not reviewed for completion.</p>			

<b>EFFICIENCY TARGETS</b>			
<b>GOAL</b>	<b>TARGET</b>	<b>ACTUAL</b>	<b>OUTCOME MET</b>
1) Decrease the time lapsed between referral and implementation of service	3 Days	20 day* average	
2) Increase the percentage of ASA clients who participate in at least 10 sessions following the first 30 days in the program.	30%	30%*	
<p>*1) Unable to present actual data in the same format as target due to difference in gathering information via EHR; info reliant on referrals entered into ClaimTrak which did not include the full year of FY16 and could lead to skewed results.</p> <p>*2) Excludes ACO and screen-not-admits</p>			

<b>SERVICE ACCESS TARGETS</b>			
<b>GOAL</b>	<b>TARGET</b>	<b>ACTUAL</b>	<b>OUTCOME MET</b>
1) Decrease the time lapsed between referral and implementation of service for the ASA program	10 Days	31.9 Days*	
2) Increase the occupancy rate for CSR program.	100%	84%*	
<p>*1) Excludes ACO services</p> <p>*2) CSR occupancy rates affected by loss of residents in location change from Alexander County to Pulaski County.</p>			

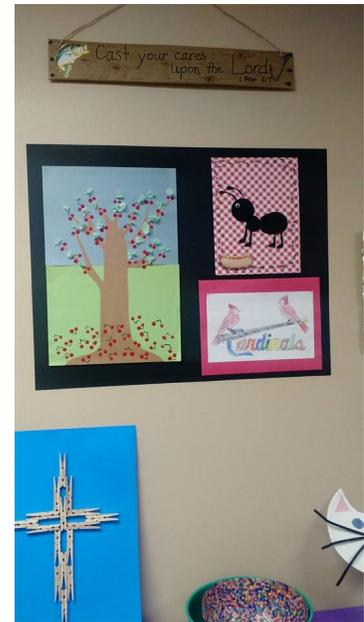
# Developmental Services Division

Community Integrated Living Arrangement DD (CILA) Program / 24 Hour or Intermittent CILA Programs—Individual and Family

Developmental Training (DT) Program

Home-Based Services (HBS) Program

Youth Initiative Program (YIP)



May 20, 2016

*Developmental Services Division Art Show—just a few of the exhibits that were on display.*

**Community Integrated Living Arrangement DD (CILA) Program  
24 Hour (60D) or Intermittent CILA (60DF/60DI) Programs**

**DESCRIPTION:** These programs provide flexible living arrangements that focus on the individual’s service needs to consumers 18 years or older, who are developmentally disabled and meet the State of Illinois priority population criteria.

**PURPOSE/MISSION:** To serve developmentally disabled individuals in a flexible living arrangement that focuses on their needs in their home or community residential setting where eight (8) or fewer individuals live together under supervision of a licensed agency.

**ADMISSION CRITERIA:** Consumer must: 1) be determined to have a developmental disability 2) meet eligibility requirements; 3) not be a danger to self or others.

**SERVICES OFFERED:** 1) assessment; 2) referral services – a) day training, b) vocational, c) dental, d) medical, e) counseling, f) substance abuse treatment; 3) skills training; 4) case management; 5) residential; 6) recreation/socialization; 7) transportation; 8) medication training/monitoring; 9) crisis intervention; 10) money management; 11) psychiatric evaluation, consultation, medication evaluation; 12) psychological assessment; and 13) individual/group therapy.

**FY 16 Staffing, Clients Served, and Income**

FTE STAFF: 29.7

UNDUPLICATED CLIENTS: 36

Grant:	\$1,221,097
Rent:	\$ 210,640
Other:	\$ 29,506
<b>TOTAL:</b>	<b>\$1,461,243</b>

*March 8, 2016  
JCDT employees are Out of this World for Spring Staff  
Appreciation Day!*



*October 1, 2015—Vienna Fall Festival.  
Developmental Services sold raffle items and bracelets.  
All proceeds benefitted our developmental services  
programs.*

## Developmental Training (DT) Program—310/31U

**DESCRIPTION:** This program provides life skills training services, including vocational, to developmentally disabled individuals, age 18 or older, to improve or acquire new skills in order to pursue the most independent lifestyle possible.

**PURPOSE/MISSION:** To provide day habitation that focuses on the development and enhancement of daily adaptive living skills and economic self-sufficiency. Typical activities are functional, performed at the natural time, properly sequenced, and developmentally and age appropriate.

**ADMISSION CRITERIA:** Consumer must: 1) be determined to have a developmental disability 2) meet Medicaid waiver eligibility requirements; 3) exhibit behavior that does not constitute a serious threat to self or others.

**SERVICES OFFERED:** Fine and gross motor development, attention span development, safety, problem solving, grooming, dressing skills, toileting, eating, communications, individual/group therapy, recreation, behavioral skills training, and enhancing skills ability to engage in productive work activities.

### FY 16 Staffing, Clients Served, and Income

FTE STAFF: 14.46

UNDUPLICATED CLIENTS: 88

DT Medicaid:	\$125,544
31U/58G/58U:	\$681,055
Training Reimburse.:	\$ 18,942
Sales of Goods:	\$ 22,117
Sales of Services:	\$ 22,636
Other:	\$ 17,585

TOTAL: \$887,879

FAMILY COUNSELING CENTER, INC.  
INVITES YOU TO

**FCC RESALE OPEN HOUSE**

COME JOIN US FOR OUR REOPENING OF OUR NEWLY  
REMODELED RESALE SHOP  
216 NORTH MARKET STREET  
GOLF CONDA IL 62938

**FRIDAY, SEPTEMBER 18<sup>TH</sup>**  
**SATURDAY, SEPTEMBER 19<sup>TH</sup>**

WITH FIRST PURCHASE RECEIVE A TICKET FOR DRAWING  
(1) \$20.00 IN HOUSE CREDIT AT THE RESALE  
(2) \$10.00 SUBWAY GIFT CARD

RE-SALE

**SEPTEMBER 19<sup>TH</sup>, 2015**  
**EVERYTHING 50 % OFF**

PROCEEDS GO TO BENEFIT INDIVIDUALS THAT RECEIVE SERVICES  
FROM FAMILY COUNSELING CENTER, INC. LOCATED IN  
POPE COUNTY AND HARDIN COUNTY.  
SPECIAL OLYMPICS, ACTIVITIES, OUTINGS, AND OTHER EVENTS  
THROUGHOUT THE YEAR.

*The Pope County  
Workshop Greenhouse and  
Resale Shop had another  
successful year in 2016. An  
open house and several other  
sales events were held  
throughout the year.*



## Home-Based Services (HBS) Program

**DESCRIPTION:** This program offers support services in order that an individual can remain a part of the community and avoid institutionalization, while remaining an important part of the family.

**PURPOSE/MISSION:** To provide direct staff support in the home on an intermittent basis to enable children or adults the support needed to remain living at home in the community with their families or on their own at a semi-independent level.

**ADMISSION CRITERIA:** Client must: be determined to have a developmental disability – either mental retardation or a related condition and have substantial functional deficits in three (3) out of six (6) major life areas.

**SERVICES OFFERED:** 1) life skills training; 2) behavioral training; 3) crisis intervention; 4) medication review; 5) transportation; 6) community integration/orientation; 7) facilitation; 8) money management.

### FY 16 Staffing, Clients Served, and Income

FTE STAFF: 1.46

UNDUPLICATED CLIENTS: 41

Fees for Service: \$97,146

Other: \$ 1,275

TOTAL: \$98,421



March 8, 2016

*Family Counseling Center, Inc. had a guest speaker at Staff Appreciation Day, Jacob Wells. Jacob spoke to spread awareness and educate our staff about Cerebral Palsy. Jacob has overcome many obstacles throughout his life but has vowed to remain positive and has never let his disability hold him back! Thank you, Jacob Wells for continuing to spread a message of hope and strength.*



## Youth Initiative Program (YIP)

**DESCRIPTION:** To empower parents, legal guardians or individuals in exercising their education rights. To provide independent living skills directly to youth with disabilities to prepare them for transition into productive adulthood and to provide self-advocacy training.

**PURPOSE/MISSION:** To support students and parents in the educational system, make them aware of education rights, and teach skills of empowerment/advocacy.

**ADMISSION CRITERIA:** Parents of special needs children and children between the ages of 3 and 21 with mental or physical disabilities in the lower seven county area of Southern Illinois.

**SERVICES OFFERED:** Advocacy, education about school rights and disabilities act, support for students and parents, skills training for independent living and information about disabilities and advocacy skills.

### FY 16 Staffing, Clients Served, and Income

FTE STAFF: 0.67

UNDUPLICATED CLIENTS: 6

Grant:	\$41,677
Other:	\$ 1,209
<b>TOTAL:</b>	<b>\$42,886</b>



#### Mental health provider fighting through Illinois budget impasse

Nearly one year without state funding, folks with the Family Counseling Center in Illinois thought they'd have to close their doors come July 1.

[HTTP://WWW.WPSDLOCAL6.COM](http://www.wpsdlocal6.com) | BY RACHAEL KRAUSE

*June 23, 2016  
We're still here!*

*Our 408 East Vine Street outpatient office in Vienna was relocated to 101 Oliver Street (near Subway and next to our Developmental Training site). We also moved our 1400 Commercial Ave outpatient office in Cairo to 1401 Washington Ave (old DHS office next to DCFS). Each of these moves helped us fight through the Illinois budget impasse.*

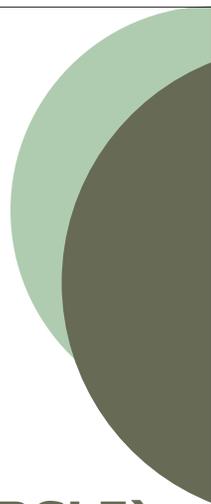
## Evaluation of FY 16 Developmental Services Division Outcomes

<b>EFFECTIVENESS TARGETS</b>			
<b>GOAL</b>	<b>TARGET</b>	<b>ACTUAL</b>	<b>OUTCOME MET</b>
1) Increase work wages for Developmental Training program	\$20.70 or greater	\$20.69*	
2) Increase HBS ICAP scores	-12 or higher	-12	
*1) An increase in work wages is anticipated for FY17.			

<b>EFFICIENCY TARGETS</b>			
<b>GOAL</b>	<b>TARGET</b>	<b>ACTUAL</b>	<b>OUTCOME MET</b>
1) Increase occupancy rate for CILA homes	99%	91% *	
3) Increase frequency that HBS clients served remain in their home/community	99%	99%	
*1) Cache River House/River's Landing occupancy rate averaged; based on River's Landing as 8 bed CILA.			

<b>SERVICE ACCESS TARGETS</b>			
<b>GOAL</b>	<b>TARGET</b>	<b>ACTUAL</b>	<b>OUTCOME MET</b>
1) Increase amount of community contracts in Developmental Training's sub-minimum wage program.	1 additional contract	0 additional contracts	
2) Increase the amount of HBS clients served	52	43	
*1) An increase is anticipated for FY17.			

# Supportive Living Division



## Autumn Ridge Supportive Living Facility (ARSLF)



March 1, 2016

*Pictured is Laverne Lampley as she casts her ballot. Thank you to the Johnson County Clerks office for choosing Autumn Ridge as an early voting site.*



March 14, 2016

*National Pi day event at Autumn Ridge. Residents made pies and delivered to local businesses throughout the day.*

## Supportive Living Program

**DESCRIPTION:** Supportive Living at Autumn Ridge Supportive Living Facility (ARSLF) offers seniors independent living in a comfortable, warm, secure and supportive apartment environment.

**PURPOSE/MISSION:** To improve the quality of senior living by providing meals, personal care, nursing/medication services, 24/7 assistance with routine daily chores and safe housing.

**ADMISSION CRITERIA:** Adult aged 65 and over who need assistance with Activities of Daily Living (ADL's) in order to maintain independence.

**SERVICES OFFERED:** 1) meals; 2) light housekeeping; 3) laundry; 3) medication assistance; 5) personal response notification system; 6) social activities; 7) community field trips; 8) transportation; 9) personal quality care assistance; 10) 24 hour staffing seven days a week.

### FY 16 Staffing, Clients Served, and Income

FTE STAFF: 12.41

UNDUPLICATED CLIENTS: 58 *\*Not included in the total clients served on pg. 6*

Residential Rent:	\$1,189,514
Donation:	\$ 49,903
Other:	\$ 17,894
<b>TOTAL:</b>	<b>\$1,257,311</b>



*May 18, 2016*

*Autumn Ridge residents celebrated National EMS Week and recognized the Johnson County Ambulance Service. Thank you to EMS Personnel everywhere for their service to our communities!*

*May 3, 2016*

*Autumn Ridge residents honored the teachers at Vienna Grade School & Vienna High School. To teachers everywhere, "Thanks for making students SMART COOKIES!"*

